



**Te Poari Kaimātai  
Hinengaro o Aotearoa**

NEW ZEALAND PSYCHOLOGISTS BOARD

## Call for Volunteers

We are seeking volunteers to participate in a trial for a cultural competency programme for all newly registered overseas trained psychologists- Raka Maui.

If you are an overseas trained psychologist who is registered and working in NZ as a psychologist for the last 12-24 months and are interested in helping shape the future of international applications for registration, then you are in a unique position to provide valuable feedback on your experience with the current registration process for psychologists who trained overseas.

*\*It may be that you have completed some of this work already as part of your “new to NZ” supervision however we welcome applications from overseas trained psychologists who are at any stage of this process.*

### Intent

Raka Maui is designed to:

Provide a supportive framework for overseas trained psychologists to learn and develop knowledge and competencies specific to providing psychology services in the Aotearoa NZ context, with particular focus on equitable and safe psychology services for Māori: and

Provide the Board with assurances that psychologists who trained outside of Aotearoa NZ are safe and competent to practise independently in the Aotearoa NZ context.

### About the programme’s name – Raka Maui

1. The name of the programme is derived from an ancient Māori whakataukī (wisdom, proverb):

E raka te maui, e raka te matau.

*The left hand is adept and the right hand is skilful.*

2. In this context, a psychologist already has their own professional knowledge, expertise and experience. But on the other hand, they need to begin developing their cultural competency through training, guidance and support. That is what the competence programme offers to them.
3. The whakataukī also refers to a community (i.e., the psychology profession) that is able to use all the skills and cultural competence of its people.



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## Trial start date:

29 August 2024

## Trial Length

The Board expects that Raka Maui will take **18 months** to complete (*this will not necessarily be the case for volunteer trial participants*). The reason for this is that several tasks will require you to develop an understanding of culturally safe practice when working with tangata whenua, and to apply that understanding to your practice before you will be in a position to reflect.

## Participant requirements:

- Overseas trained psychologist
- Registered in NZ with a current PC
- No conditions
- Has been practicing in NZ for 12-24 months
- Supervisor is aware and supports your participation in the trial (see “*What will my supervisor need to know?*” below)

## What happens if I do not complete the trial programme?

Nothing, however we ask that you participate in the evaluation so that we better understand why some may choose not to complete it.

## Will I incur any costs?

No, as this is a trial the Board will cover any costs associated with the courses below. When the programme is introduced, psychologists will need to meet the costs themselves. Please forward invoices for reimbursement to [accounts@nzpb.org.nz](mailto:accounts@nzpb.org.nz).



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## What does it involve?

	Task	Evidence	Timeframe
1	Satisfactorily complete the online programme <ul style="list-style-type: none"> <li>• <a href="#">Cultural Competency (Maori)</a> delivered by <a href="http://www.mauriora.co.nz">www.mauriora.co.nz</a></li> </ul>	Provision to the Board of the certificate of completion issued by Mauriora.	<i>Evidence must be submitted to <a href="mailto:registration@nzpb.org.nz">registration@nzpb.org.nz</a> within 3 months of starting trial.</i>
2	Satisfactorily complete either: <ul style="list-style-type: none"> <li>• <a href="#">Foundations Course in Healthcare and the Treaty of Waitangi</a> delivered by <a href="http://www.mauriora.nz">www.mauriora.nz</a></li> </ul> OR <ul style="list-style-type: none"> <li>• The Ministry of Health's <a href="#">First Module Nga Paerewa Te Tiriti elearning module</a></li> </ul>	Provision to the Board of the relevant certificate of completion.	
3	Work with your supervisor to develop a continuing competence plan that focuses on New Zealand-specific issues. This will depend on the scope of practice in which you are registered, and might include, but is not limited to: <ul style="list-style-type: none"> <li>• Knowledge of NZ legislation relevant to role</li> <li>• Knowledge of the Board's Continuing Competence Programme</li> <li>• Knowledge of Board Guidelines (including, but not limited to) Cultural Safety, Keeping Records, Informed Consent, and Supervision</li> <li>• Knowledge of Code of Ethics/Code of Conduct</li> <li>• Understanding and application of te Tiriti o Waitangi</li> <li>• Understanding third-party funding arrangements and any related expectations or standards set by funders (e.g., ACC, Ministry of Education, Employers).</li> </ul>	Provision to the Board of first year's CCP, with supervisor's sign-off. Please use the SRR you did at the beginning of this practice year (March 2023). You may revisit it if necessary before submitting it. You may also include an earlier SRR and plan if that covered the "new to NZ" areas we are interested in.	<i>Evidence must be submitted to <a href="mailto:registration@nzpb.org.nz">registration@nzpb.org.nz</a> within 6 months of starting trial.</i>
4	Review the Ministry of Health's <a href="#">Māori Health Models</a> and reflect on how you can incorporate these models into your psychology practice when working with Māori. Seek advice and/or support from a colleague if required.	Reflection provided to Board.	<i>Evidence for Tasks 4, 5 and 6 must be submitted to the Board together (i.e., in a single email) after at least 9 months and before 18 months.</i>
5	In supervision, reflect on your first year in practice in New Zealand, including observing any biases or assumptions you had when you arrived, and how these have changed since you started practising in New Zealand.	Reflection signed off by supervisor and provided to Board	<i>Reflections need only be 1500-3000 words</i>



<b>6</b>	<p>Read:</p> <ul style="list-style-type: none"> <li>• Core Competencies for the Practice of Psychology in New Zealand</li> <li>• NZPB Cultural Competences document</li> <li>• Code of Ethics for Psychologists Working in Aotearoa / New Zealand</li> <li>• The Code of Health and Disability Services Consumers' Rights, and complete the online learning module <a href="https://www.hdc.org.nz/education/online-learning/">https://www.hdc.org.nz/education/online-learning/</a></li> </ul> <p>And complete a reflection on practice experiences in Aotearoa New Zealand that relate to each of the above. All reflections must be discussed with, and signed off by, your supervisor.</p>	<p>A reflection incorporating all of these, signed off by supervisor and provided to Board.</p>	
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In addition to the above tasks, your supervisor will be required to provide the Board with quarterly supervision reports until you have completed Raka Maui.

### What will my supervisor need to know?

This should only be a small addition to 'supervision as usual'. Your supervisor is not expected to have all the knowledge or resources themselves but should have sufficient experience and knowledge to be able to help you identify other people or resources as required to complete the tasks.

### What will happen after the trial?

As part of the trial, participants will be asked to provide feedback at both the beginning and end of the trial to assist us in the evaluation of Raka Maui. The evaluation will be provided to the Board who will decide on the future of the programme.

For further information please contact the Psychology Advisors [psychologyadvisors@nzpb.org.nz](mailto:psychologyadvisors@nzpb.org.nz)

If you wish to volunteer for the Raka Maui trial, please send an email with your details to [projects@nzpb.org.nz](mailto:projects@nzpb.org.nz)

### Applications for the trial close on 15 August 2024

